

Mr. Redd's columns brought increased exposure to the Westchester County Press, and he eventually became the owner in 1986. Under Mr. Redd's leadership the Westchester County Press became the leading voice of issues impacting the African-American community throughout Westchester. As owner, he would continue to write his "M. Paul Tells All" column until his passing in 2009.

For more than 60 years, the Westchester County Press is the only weekly newspaper owned and run by African-Americans within Westchester County. Now led by Sandra Blackwell, since 2009, the newspaper continues to maintain high journalistic standards when reporting on the African-American community on a local, state and national level. As a result of their unwavering mission, the Westchester County Press is 1 of 200 African American newspapers that are members of the National Newspapers Publishers Association (NNPA).

I want to congratulate the Westchester County Press for serving the Westchester County community for the past 90 years. Their dedication to reporting on issues impacting the African-American community cannot go unrecognized. Lastly, I would like to honor M. Paul Redd Sr.'s near 50 years of work, and acknowledge his enshrinement in the NNPA's Hall of Fame as of 2014.

CELEBRATING GAINESBORO FIRE  
AND RESCUE COMPANY'S 60  
YEARS OF SERVICE TO THE  
COMMUNITY

**HON. BARBARA COMSTOCK**

OF VIRGINIA

IN THE HOUSE OF REPRESENTATIVES

*Friday, September 28, 2018*

Mrs. COMSTOCK. Mr. Speaker, in 1958, plans for a fire department in Gainesboro began to take shape, with the help and direction of the Gainesboro Ruritan Club. Red Williamson was elected the first Fire Chief of Gainesboro and the purchase of a fire truck took place with financial help from the Clearbrook Fire Company and Shade Equipment Company, which donated their facilities to install the tank and pumps. The truck was completed and put in service following the first Yard Party in June, 1958.

IN March, 1958, the land on which the Gainesboro Fire Company exists was purchased for the sum of \$1,200. The firehouse was built by members of the Gainesboro Fire Company and the larger Gainesboro community, and because of their extraordinary generosity of time, energy and money, the entire firehouse was built in one short year, between July, 1958 and July, 1959.

The history of the call volume is an indication of the significant growth in the work of the Gainesboro Fire Company. In 1958, there were a total of 11 fire runs, the first being a woods fire in Cross Junction that the Gore Fire Company assisted with. Five years later, in 1963, there were 65 runs and by 2017, there were over 1,000 runs. This increased demand on the fire company's services has necessarily involved a significant increase in operational staff, which now amounts to 65 certified firefighters, Emergency Medical Technicians and paramedics.

With an operating budget of nearly \$300,000, approximately \$130,000 of it needs

to be raised by the members of the Gainesboro Fire Company and its Ladies Auxiliary, which was formed in November, 1958. As a resilient, self-sustaining organization, the fire company has put on one type of fundraiser or another almost every month for the past 60 years, adding up to approximately 700 fundraisers during the time of the fire company's existence.

Mr. Speaker, I know that I speak for all the people of the 10th Congressional District of Virginia in expressing our deep gratitude to our community heroes—our firefighters and emergency medical personnel, along with our law enforcement officers, who are willing to face any situation, no matter how grave or dangerous, to help us in our times of greatest desperation and need. I ask that you and our colleagues join me in thanking Chief Don Jackson and the community heroes of Gainesboro Fire and Rescue Company who, for 60 years, have courageously stepped forward to assist the residents of their community, and to also thank the ladies' auxiliary and other leaders of the Gainesboro community, who have so generously supported the ongoing work of their community heroes.

HONORING THE PUBLIC SERVICE  
OF MAYOR BETTINA BIERI

**HON. JOSH GOTTHEIMER**

OF NEW JERSEY

IN THE HOUSE OF REPRESENTATIVES

*Friday, September 28, 2018*

Mr. GOTTHEIMER. Mr. Speaker, I rise today to honor the service of Mayor Bettina Bieri, a staunch and impassioned advocate for the people of West Milford, lifelong humanitarian, and mother of two incredible children.

Mayor Bieri is a dedicated public servant in North Jersey whose countless accomplishments include restoring the New Jersey Watershed, promoting the new library in West Milford, and holding local officials to the highest standards of accountability. These efforts demonstrate her unshakable commitment to serving her community for thirty-two years. Mayor Bieri has consistently fought for her hometown by dedicating herself to better her community on the boards of many local service groups, including the St. Joseph's Finance Board, the West Milford Animal Shelter, and the West Milford Chamber of Commerce.

As a graduate of Pace University and a Certified Public Accountant, Mayor Bieri successfully utilized her financial expertise and implemented sound fiscal policies to improve West Milford's credit rating and save her constituents tax dollars. Although Mayor Bieri is retiring from public service, I am confident she will continue to make an indelible impact on those around her through her charitable work and unwavering commitment to helping others.

Mr. Speaker, I am deeply grateful for the contributions Mayor Bettina Bieri has made to West Milford and our community throughout her career. People like Mayor Bieri are what make northern New Jersey such a great place, and I am proud to call her my constituent.

RECOGNIZING MALNUTRITION  
AWARENESS WEEK

**HON. NORMA J. TORRES**

OF CALIFORNIA

IN THE HOUSE OF REPRESENTATIVES

*Friday, September 28, 2018*

Mrs. TORRES. Mr. Speaker, I rise today to recognize this week as Malnutrition Awareness Week.

Every 60 seconds, 10 hospitalized patients with malnutrition go undiagnosed, with the majority of these individuals being older adults. Malnutrition among seniors and older adults can lead to a greater risk of chronic disease, frailty, disability and increases in healthcare costs.

Malnutrition also disproportionately impacts minorities who are often managing comorbid chronic diseases. In my home district, 80 percent of the constituents I represent are of Hispanic background. It is of great concern to hear that malnutrition is more than twice as common among low-income older adult Latino households.

We cannot advance malnutrition care and promote improved patient recovery if we do not align the identification of and interventions for malnutrition with healthcare quality incentive programs.

The great news is that there are common-sense solutions that can close this gap in care now.

We can first begin by measuring the scope of the problem. Sadly, we currently don't know the full extent of the malnutrition problems plaguing our senior population. To change this, we can add screening measures for malnutrition to the national health surveys of older adults and implement national key health indicators and Healthy People 2030 goals for older Americans. Doing something as simple as adding malnutrition measures will help shape public health programs and better guide healthcare professionals as they address serious health conditions.

Another simple change we can make is adding older adult malnutrition to national dietary guidelines.

We cannot expect older adults and their families to take steps to address malnutrition if we do not give them the tools to identify the problem. We must meet older Americans half way so that families can make appropriate interventions for their unique conditions and circumstances. Therefore, I call on HHS and USDA to include dietary guidance for the prevention and treatment of older adult malnutrition and the closely aligned problem of age-related sarcopenia listed in the 2020 Dietary Guidelines for Americans.

Lastly, malnutrition should be interwoven into healthcare incentive programs. A patient's nutrition status is rarely evaluated and managed as individuals transition across care settings. I therefore urge the CMS to include malnutrition electronic clinical quality measures in Medicare quality programs as well as in measures related to malnutrition in care transition programs. This will help reduce hospital readmission rates and improve transitional care for seniors in the long run.

Increasing awareness of nutrition's role on patient recovery and implementing these measurable changes will help educate healthcare professionals and families which will result in helping seniors live healthy and independent lives.